

### Who are we?

Tower Hamlets Together is a partnership of health and care organisations that are responsible for the planning and delivery of health and care services. The partnership includes:

- London Borough of Tower Hamlets
- NHS North East London Integrated Care Board
- Tower Hamlets GP Care Group
- East London NHS Foundation Trust
- Barts Health NHS Trust
- Tower Hamlets Council for Voluntary Service
- Healthwatch Tower Hamlets

THT is all about health and social care organisations working more closely to improve the health and lives of people living in Tower Hamlets. This means a more coordinated approach to providing services, reducing duplication and improving the overall experience and outcomes for the people who need them.

### THT VALUES

- We are compassionate**
- We collaborate**
- We are inclusive**
- We are accountable**



## What are we trying to achieve?

### OUR VISION

- Tower Hamlets residents, whatever their backgrounds and needs, are supported to self-care, thrive and achieve their health and life goals
- Health and social care services in Tower Hamlets are accessible, high quality, good value and designed around people's needs, across physical and mental health and throughout primary, secondary and social care
- Service users, carers and residents and children are active and equal partners in health and care, equipped to work collaboratively with THT partners to plan, deliver and strengthen local services
- All residents - no matter their ethnicity, religion, gender, age, sexuality, disability or health needs - experience equitable access to and experience of services, and are supported to achieve positive health outcomes

### OUR MISSION

**Support all children and adults to live happy and healthy lives in Tower Hamlets, through providing integrated services that are accessible to all and actively tackle health inequalities, particularly those caused by systemic racism**

### OBJECTIVES

1. Building the resilience and wellbeing of our communities
2. Maintaining people's independence in the community
3. Reducing the time people need to be in hospitals/care homes

### RESIDENT OUTCOMES

- I feel like services work together to provide me with good care
- I am able to support myself and my family financially
- I am supported to make healthy choices
- Regardless of who I am, I am able to access care services for my physical and mental health
- I have a good level of happiness and wellbeing

### PRIORITIES FOR ACTION

1. Improving access to primary and urgent care
2. Enabling healthy living and providing the best support to prevent and manage long term conditions
3. Implementing a localities and neighbourhoods model
4. Facilitating a smooth and rapid process for hospital discharge into community care services
5. Being an anti-racist and equity driven health care system
6. Ensuring that babies, children and young people get the best start in life
7. Providing integrated mental health services and interventions

