

THT Children and Young People's Vanguard Programme

Anna Riddell - Clinical Lead & Co Chair
Esther Trenchard-Mabere - IEY Strategic lead & Co Chair
Owen Amadasun - Programme Lead

April 2018

**TOWER HAMLETS
TOGETHER**

*Delivering better health
through partnership*



THT Children's Aim

“To ensure that all children and their families have access to high quality, ‘joined up’ services and opportunities in order to optimise physical, social, emotional and cognitive development, improve life-long health and wellbeing and mitigate the effects of socio-economic deprivation”

Workstreams

The three main elements to THT children's programme:

- Supporting the CHS Transformation,
- The Bridge Virtual Ward,
- Integrated Early Years

Budget

This was the overall budget allocated for the children's projects spread across 2 years

- £200k – 16/17
- £352k – 17/18
- Total: £552k

**Note - £60k of this total amount was allocated to the joint THT & CCG Population Segmentation work in 16/17..*

CHS Childrens Transformation:



Supporting the transformation of the childrens specialist services in developing an integrated community service model for CYP

Allocated Budget:£92,700

Projects & Key Deliverables (What was done)	Key Achievements	Sustainability Plans
<ul style="list-style-type: none">• Plan for mobilisation of the proposed Life needs 'ages and stages' model - specialist services will be delivered in multi-disciplinary teams that are co-located. These teams will be formed for children aged 0-5, 5-14 and 14-25.• Co location of specialist services to Shadwell ward at Mile End.• Develop one referral form which can be used to access multiple services via the SPA.• Roll out the Primary service provider (PSP) model for children with complex needs. This allows each child to have a key worker who will support them in all areas of development and aim to facilitate the child's holistic needs.	<ul style="list-style-type: none">• Staff now recruited for the roll out of the PSP model.• All specialist teams have now moved to a single location (Shadwell Ward).• A single referral form has been trialled, tested and re-developed.	<ul style="list-style-type: none">• Alliance Board CHS Contract funding for backfill posts till Dec 18• The evaluation piece will sit with CCG.



Bridge Virtual Wards



Continuation of the community 'care coordination' service to include transition and antenatal cohorts.

Allocated Budget: £96,361

Projects & Key Deliverables (What was done)	Key Achievements	Sustainability Plans
<ul style="list-style-type: none"> • Secure recruitment to deliver the pilot for a further 12 months. (project coordinator with admin, managerial and clinical support roles). • Include transition age group (Phoenix School) & Neonates. • Begin measuring added outcome (Parental confidence scores). • Continue to realise the benefits (e.g. reduction in hospital attendances and improved patient experience). • Embed the service within the new multi disciplinary CHS system. 	<ul style="list-style-type: none"> • The main care coordination function has been embedded in to existing community services. (excluding mainstream children). • Significant increase in parent confidence scores. • Similar reduction to hospital attendances to previous years. (Awaiting full analysis) 	<ul style="list-style-type: none"> • Children with severe learning difficulties age 0-5 Years – will be absorbed by the PSP model. • Children with severe learning difficulties school ages: Stephen Hawking and Beatrice Tate Schools have now started joint MDT meeting approaches. • Main stream children are not being picked up yet by clinical teams: • There are ongoing discussions re administration to support going forward.



Integrated Early Years



Whole population approach to reduce future demand by focusing on prevention with an emphasis on empowerment of families and communities.

Allocated Budget: £395,639

Projects	Key Deliverables (What was done)
<p>Early Identification of Needs – Programmes to strengthen ability of health visiting service to identify and support vulnerable families and also to improve referral pathways to specialist services</p>	<ul style="list-style-type: none"> • Brazelton training on New-born Behavioural Observation (NBO) • Maternal Early Childhood Sustained Home Visiting Programme (MECSH) • Service mapping and strengthening referral pathways
<p>Emotional Wellbeing – early years workforce training and development to improve knowledge and skills in relation to carer/ infant attachment, underlying neuroscience and evidence based approaches to improving wellbeing and resilience</p>	<ul style="list-style-type: none"> • Pilot multi-disciplinary training on parent and infant wellbeing • Five to Thrive: training and resources • Family Nurse Partnership Knowledge and Skills Exchange (FNP KSE) Communication Skills Training • Multi-disciplinary reflective practice pilot • 1,001 Critical Days: Emotional Wellbeing Showcasing Event
<p>Early Years Nutrition- Interventions to improve oral health and healthy eating weight outcomes</p> <p><i>By age 5 more than 1 in 3 children in TH have tooth decay and nearly 1 in 4 are overweight or obese</i></p>	<ul style="list-style-type: none"> • Early years nutrition and oral health qualitative research • Happy Smiles, Healthy Weight: pilot integrated oral health and early years nutrition training and campaign • Communication of consistent messages (linked to Care Confident campaign) • Cook4Life Training
<p>Minor Ailments - Developing interventions to improve confidence in managing 'minor ailments' for 0-5 yrs. in order to reduce inappropriate A&E and primary care attendances</p>	<ul style="list-style-type: none"> • Insight research and engagement • Care Confident parent group education sessions • Care Confident communication campaign
<p>Children and Family Hubs 'prototypes' Building multi-agency teams in four 'mini clusters' to increase join up and range of services offered and provide model for wider roll out</p>	<ul style="list-style-type: none"> • My Pregnancy Journey: Integrated antenatal pilot • Nutrition, oral health and child poverty • Growing together: food growing and healthy growth • Developmental reviews and early identification • Reflection & Learning and Governance workshops

Key Achievements

- **Partnership building / development of new working relationships:** The most frequently cited achievement highlighted by stakeholders was the strengthening of partnership working
- **Insight from the community and frontline staff into some of the key challenges for local families:** Two pieces of insight research were completed which informed the development of the programme in the second year and, in particular, the Care Confident campaign.
- **Development of awareness, knowledge and skills:**
 - More than **70** HVs will be trained to use NBO) tool and to implement MECSH
 - More than **300** senior and frontline staff, peer supporters and parent volunteers trained on parent and early childhood emotional wellbeing and communication skills.
 - **89** frontline staff have received integrated training on early years nutrition, oral health and healthy weight.
 - **NE Locality HV team** trained on DIY methodology for Care Confident Education sessions.
- **Development of new resources to support communication of consistent messages:** Care Confident campaign on Managing Minor Ailments, Early Years Nutrition and Oral Health
- **Extending participatory approaches to engaging with parents and families:**
 - Over **100** families and children participated in workshops and participatory activities during the Happy Smiles, Healthy Weight campaign in May 2017.
 - **12-14** frontline staff and peer supporters will be trained to run Cook4Life clubs
 - **12 – 15** parents have attended one or more Care Confident Parent Education sessions during the pilot.
- **Development of governance framework to support partnership working at locality level and Borough wide.**

Sustainability Plans

Early Identification of Needs:

Evaluation of NBO and MECSH will inform new specification for HV service when recommissioned

Emotional Wellbeing:

Pool of local trainers have been developed, Five to Thrive licence, tried and tested training and e-learning available for ongoing use

Nutrition:

The research and pilots have informed the commissioning of a new early years nutritionist (by PH) to take on ongoing training and coordination around the consistent messaging

Minor Ailments:

The system will be able to have access to the campaign tools to share the key messaging across all children health and social care services. Primary Care, Children's Centres, HV's and Nurseries be able to roll out Care Confident parent groups.

Prototyping Hubs:

Learning from the hubs will inform multi-agency management/ coordination and governance at locality and Borough levels

Next steps

Evaluation

- A full comprehensive report will be completed by June 2018 which will have a more detailed breakdown on system impact, challenges, and recommendations.
- Frontier Economics have also been commissioned by NHSe to do a full economic evaluation on the Vanguard programme.

Any questions..