

# VOLUNTEERS WANTED

**A health and wellbeing initiative funded by  
Tower Hamlets council and NHS**

## **WANT TO VOLUNTEER AND MAKE A DIFFERENCE LOCALLY?**

- **Get involved with improving health and wellbeing for local neighbours**
- **Street conversations and door knocking** (*full training and support available & must be 18+ for this*)
- **Help us at community events** (*creche will be available*)
- **Project leader** or activity volunteer

## **WHAT DO WE OFFER VOLUNTEERS?**

- **Training opportunities**
- **Community experience**
- **Support from NHS and voluntary sector staff**
- **Flexibility in volunteering**

**Scan the QR code below to fill out the application or get in touch!**

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## **CONTACT**

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**Employed by Poplar and Limehouse**

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<https://forms.office.com/e/ZkPKbWvSbq>